

**SUNDAY SERVICE**  
**Shiloh Metropolitan Baptist Church**  
**H.B. Charles Jr. | Pastor-Teacher**  
**August 23, 2020**

**Where Does Your Help Come From?**  
**Psalm 121**

**Psalm 121** gives two reasons you should trust the Lord to get you through the journey of life.

- I. The Lord is our \_\_\_\_\_ (121:1-2)
  - A. The \_\_\_\_\_ you should accept.
  - B. The \_\_\_\_\_ you should adopt.
    - 1. There is \_\_\_\_\_ help in the Lord.
    - 2. There is \_\_\_\_\_ help in the Lord.
- II. The Lord is our \_\_\_\_\_ (121:3-8)
  - A. The Lord will keep your feet \_\_\_\_\_ (vv. 3-4).
  - B. The Lord will keep your hands \_\_\_\_\_ (vv. 5-6).
  - C. The Lord will keep your life \_\_\_\_\_ (vv. 7-8).
    - 1. The Lord provides \_\_\_\_\_ security (v. 7).
    - 2. The Lord provides \_\_\_\_\_ security (v. 8).

**Questions for Review & Discussion**

- 1. Why do we find it difficult to admit we need help?
- 2. Where does your help come from?
- 3. In what area do you most need the Lord's help today?
- 4. How are things between you and the Lord Jesus Christ?